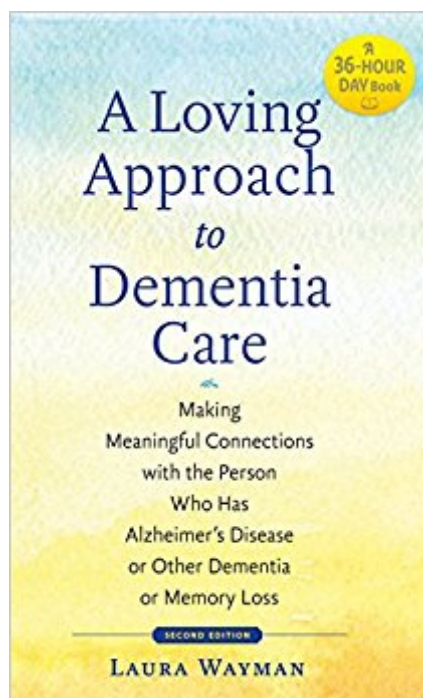


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A Loving Approach To Dementia Care (A 36-Hour Day Book)



Synopsis

Caring for someone with dementia means devotedly and patiently doing a hundred little things each day. Few care providers are trained to meet the challenges of dementia, however—and that is where *A Loving Approach to Dementia Care* can help. The book offers practical, compassionate advice on overcoming caregiving obstacles and maintaining meaningful relationships with loved ones who have dementia and memory loss. Laura Wayman's program of care emphasizes communication, affirmative response, and empowerment—transforming the caregiving process from a burden into a fulfilling journey. Her true stories of caregiving illustrate the principles of this loving approach, giving readers essential tools for connecting with people who have dementia. A practitioner whose strategies have seen great success in thousands of individual homes and facilities across the country, Wayman explains that denying dementia symptoms can make a hard situation worse and shows how understanding the limits and possibilities of the person who has dementia can make all the difference in the world. In this thoroughly revised edition, Wayman adds fresh caregiving insights, two completely new chapters that explore the dangers of denial by both caregivers and people with memory loss, and the "Dementia-Aware Guide to Caregiving"—a quick reference tool for advice on how to respond to specific difficult behaviors. In addition to offering valuable lessons on providing the best possible care, Wayman urges caregivers not to neglect themselves: take care of yourself so you will have physical and mental energy to share with your loved one. Her practical tips will help you balance your own needs with those of your loved one, creating a more positive experience for everyone. *A Loving Approach to Dementia Care* is an empathetic guide, filled with respect, calm, creativity—and love.

Book Information

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Customer Reviews

I ordered this book shortly after learning a loved one has dementia. It was the first book I have ordered about the subject. I was really devastated with the news so it took me a couple of days to even open the book. I thumbed through and the first story that caught my attention was humorous and heartwarming and honestly changed my way of approaching dementia. That night when I called my loved one and they told me they could not remember what they did that day I said, "well hey, no regrets right?! you can't say that you wish you did this or that, because maybe you did and just can't remember" and we both just started laughing. I love this book. I recommend it to anyone who has a loved one with dementia or who is caring for someone with dementia. Definitely a "Loving Approach"

Good basic information for someone just trying to be better with handling increasing memory loss in a person close to you...or even a friend. I had a little previous experience, but nothing like I'm having now, so I found it quite helpful especially about the caregiver's attitude, tone and expression and its' impact on the dementia patient. My goal is to not only be more patient, but also kind. There is quite a difference between those two in my mind. Both patience and kindness will become increasingly important as the memory loss increases.

I found this book incredibly helpful in working with my family and also in increasing empathy for caregiving friends and those in the health profession. It is easy to read, direct, up to date, and has very useful ideas that make not just Alzheimer care more effective but it worked in my marriage as well! Please do not hesitate to order this, it came recommended by my step-mother and everyone we have suggested it to has found it very comforting and instructive.

It is well written and states the facts so everyone can understand them. I highly recommend this

book to anyone who knows someone with a problem with memory or for general information. I personally knew some of the people she wrote about and she told their experiences very well. I pray that one day soon there will be some real medical help and we won't have to go through all this with our loved ones. THANK YOU Laura for putting it in print.

A lifesaver during a difficult time when it's hard to even imagine the situations one may encounter while caring for a loved one with dementia. The information in this short book changed never ending arguments to situations that made my mother feel very loved and safe. This book explains how you can guide your loved one through their "reality" to resolve whatever is bothering them. It's easy to understand and short. I bought 4 copies to give to friends. I highly recommend it!

Good stories to illustrate caregiving points. Written for any level of expertise.

The shifting realities of our aging parents has been a real challenge. This wonderful book has helped tremendously with its case histories and sagely advice. I would heartily recommend it for anyone dealing with family members with progressive dementia. It is clear, concise and acts as a beacon to help you see through the darkness, and emerge enlightened.

This book is straight forward and really explains dementia and how to be a great and loving caregiver. I would recommend this book to anyone who is interested in this terrible illness. I bought it for a friend who just found out her husband has dementia. She loved it.

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